



March 2010

International Academy of Flint



Monday	Tuesday	Wednesday	Thursday	Friday
1 Beef stew Dinner roll Veggie Fruit/ milk	2 Fish sticks Veggie Fruit/ milk	3 Mini corn dogs Veggie Fruit/ milk	4 Salisbury steak Mashed potatoes Fruit/ milk	5 Pizza Salad w/ ranch Fruit/ milk
8 Mac-n-cheese Sting cheese Veggie Fruit/ milk	9 Quesadilla Mexican rice Fruit/ milk	10 Cheeseburger Fries Fruit/ milk	11 Soft tacos Veggie Fruit/ milk	12 ½ Day of School Pizza Cold carrots Ranch Fruit/ milk
15 Chicken nuggets Veggie Fruit/ milk	16 Hot dog Veggie Fruit/ milk	17 French toast sticks Sausage links Fruit/ milk	18 Turkey and cheese Sub Cold carrots Fruit/ milk	19 Pizza Salad w/ ranch Fruit/ milk
22 Bosco bread Marinara sauce Veggie Fruit/ milk	23 Ham and cheese Hot pocket Veggie Fruit/ milk	24 Ravioli Veggie Fruit/ milk	25 Chicken noodle Soup Grilled cheese Fruit/ milk	26 Pizza Cold carrots Ranch Fruit/ milk
29 Sloppy Joes Veggie Fruit/ milk	30 Popcorn chicken Veggie Fruit/ milk	31 Nachos with Meat and cheese Veggie Fruit/ milk		

News

The National School Food Luncheon Program prohibits the discrimination on the basis of race, color, age, National Origins or Handicap.

For the month of March the 2nd choice will be chicken nuggets.

Breakfast Served:
7:15-7:45
Prices:
Breakfast \$1.00
Lunch \$2.00
Adult \$3.00

